



# Career News 2018 #5

## CareerNews Key Dates & Reminders

### **Key Dates: For all VCE Students –**

#### 'Experience Clever' at La Trobe

Running across campuses from Fri 1<sup>st</sup> June to 6<sup>th</sup> July. Register your interest at:

[www.latrobe.edu.au/study/life/events/experience-clever](http://www.latrobe.edu.au/study/life/events/experience-clever)

#### 'Inside Monash' Seminar Series

Running now until September.

For more info and to register visit:

<https://www.monash.edu/inside-monash>

#### 'My Melbourne Future' at Melb Uni

Information sessions on all courses running from 15<sup>th</sup> May to 14<sup>th</sup> June.

Check out the details and other events at:

<https://futurestudents.unimelb.edu.au/explore/events>

#### Fed Uni 'VCE Study Days'

When: 3<sup>rd</sup> – 5<sup>th</sup> July. For more info visit:

<https://federation.edu.au/future-students/study-at-feduni/information-sessions-and-events/vce-study-skills-day>

#### Australian College of Nursing: Nursing & Health Expo

Saturday 28<sup>th</sup> April! Admission is free!

Visit: <https://www.acn.edu.au/events>

### **Key Dates: For all Students –**

#### 'A Day in the Life' career exploration days at Box Hill Institute

For further information visit:

<https://www.eventbrite.com.au/e/a-day-in-the-life-of-a-creative-artist-tickets-44005271953>

#### 'Trade Taster Day' at Melbourne Polytechnic

You have 3 days to register!

When: 10<sup>th</sup> May at the Heidelberg Campus. Visit:

<https://www.melbournepolytechnic.edu.au/career-practitioners/trade-taster-day/>

#### Explore Careers Fair – Melbourne

When: Friday 18<sup>th</sup> May.

Why not engage directly with representatives from Australia's leading organisations. For more information, visit:

<https://www.eventbrite.com.au/e/explore-careers-fair-melbourne-tickets-39861020385>

#### Student Exchange Info Sessions

VIC: Hampton 12<sup>th</sup>, 19<sup>th</sup> May, Hawthorn 23<sup>rd</sup> May, Northcote 2<sup>nd</sup> May. Visit:

[www.wep.org.au](http://www.wep.org.au) for more information.

### **Reminders: For all VCE Students –**

#### VCE & Careers Expo

When: Thurs 3<sup>rd</sup> to Sun 6<sup>th</sup> May.

For more information visit:

[www.vceandcareers.com.au](http://www.vceandcareers.com.au)

#### Melbourne Career Expo

When: Fri 20<sup>th</sup> to Sun 22<sup>nd</sup> July

For further details, visit:

<http://www.careerexpo.com.au/attend/event-details>

#### Community Achiever Program (CAP) at ACU

Applications for 2019 will open Tuesday 1<sup>st</sup> May and close 31<sup>st</sup> July.

[http://www.acu.edu.au/study\\_at\\_acu/pat\\_hways\\_and\\_entry\\_schemes/year\\_12\\_student\\_entry/early\\_entry](http://www.acu.edu.au/study_at_acu/pat_hways_and_entry_schemes/year_12_student_entry/early_entry)

#### **For Medicine & Health Science Students -**

UMAT Registrations close Friday 1 June at 5pm. Test is Wed 25 July 2018. For further information visit <http://umat.acer.edu.au>

## News & Updates

### Monash University

Get the inside story at the 'Inside Monash' seminar series. It will help you gain some insight on what it's really like to study at Monash.

You'll hear from a current student, a past student and an academic. It's the best ninety minutes you could spend researching your course at Monash.

What's coming up in May:

8th - Arts, Criminology and Global Studies, Pharmacy and Pharmaceutical Sciences.

9th - Public Health and Health Science.

10th - Advanced Science - Global Challenges and Research.

16th - Biomedical Science, Radiography, Radiation Science and Nutrition.

17th - Education and Information Technology.

For more information and to register visit:

<https://www.monash.edu/inside-monash>

### Tech Games Fest returns to Chisholm

If you are interested in popular culture, games development, game tournaments, cosplay, robotics, ICT, app's, card games, networking, hardware and much more - this event is for you!

'New Game Plus' will be hosting the stage this year and streaming live. There will be new companies, new activities, lots of tournaments and hands on experiences. To register for event work experience or to attend go to:

<https://www.chisholm.edu.au/tgf>

You can also follow the Facebook page -

<https://www.facebook.com/TGFTechGamesFest>

### Scholarship Opportunities for Athletes

Scholarships can reward high achievers, encourage diversity and support the disadvantaged.

Each year La Trobe University offers a diverse range of scholarships with a combined value in excess of 3 million dollars.

Recently, Latrobe announced a range of scholarships for new and existing students involved with the La Trobe Elite Athlete Program (LEAP). Over 30 new athletes, who compete in sports ranging from athletics and swimming, to aerial skiing, will all receive a range of benefits such as academic support and access to funding as part of their membership to the program.

To learn more why not visit:

<https://www.latrobe.edu.au/sport/elite-athlete>

### Federation University

It is important to note that the 'Experience Days' dates at Federation University Berwick campus have changed to the following schedule:

- Business – 3rd May
- Arts/Psychology – 10th May
- Nursing – 7th June
- Science – 14th June
- IT & Engineering – 14th June.

Spaces are limited, to enquire phone: 1800 FED UNI (1800 333 864).

### Nursing at Swinburne

Swinburne University have warmly welcomed students in their new Bachelor of Nursing degree this year.

Students completing their Bachelor of Nursing or Diploma of Nursing have access to brand new, state-of-the-art nursing laboratories at both the Hawthorn and Wantirna campuses.

The Bachelor of Nursing has been accredited by the Australian Nursing and Midwifery Accreditation Council and is listed as an approved program of study on the Australian Health Practitioner Regulation Agency (AHPRA) website. A great option to add to the list if nursing is your chosen pathway!

## Helpful Apps for VCE Students

### Access Education

Access Education is a really handy platform for VCE students and teachers, providing a range of tools including revision lectures, exam questions and papers specific to chosen subjects.

Access Education have developed a new and exciting app which gamifies education and makes VCE revision fun! You can compete with your friends and earn rewards while revising wherever you are. If you choose to subscribe, approximately 150 questions will be sent directly to your device on a daily basis throughout terms 2 and 3. You will be reassured to know that each question has been prepared to correspond with where you should be at in the current study design for each subject. Check it out!

<http://www.accesseducation.com.au/promo/browse?promo=Quitich>



## Study Score Calculator

Study Score Calculator is an app designed by students for students and is a guide to help you determine your final study score for your VCE subjects and required exam score, essentially to help you establish your desired study score.

All you need to do is simply choose your subject, enter the score (%) you achieved for each of your graded assessments and what you predict to get in the exam, and the app will calculate the range your study score is most likely to fall between. Alternatively, input the study score you hope to get and the app will calculate what you need on the exam to get that score. This one is free so jump on board and visit: <https://itunes.apple.com/au/app/study-score-calculator/id1282878794?mt=8>



## Top 5 Resume Tips

With the average recruiter spending only six seconds reviewing a resume before shortlisting, it is important to get it right. Here are some important hints to help you stand out from the crowd:

### 1. Focus on your achievements

Experts say that resumes that are achievement-focused helps employers identify how you have been successful in your previous roles. Not specifically awards and bonuses, rather the ways in which you have made a difference to the business. Highlight achievements like having received excellent customer feedback on an ongoing basis which led to increased responsibility within the business.

### 2. Speak the same language

It is important to match the language used in your resume to the language in the job advertisement. It signals you will be the right cultural fit for the organisation and that you will adapt quickly to working in their particular work environment. As an example, if the organisation refers to 'clients' in their job ad, do the same and don't refer to them as 'customers'.

### 3. Only include relevant roles

A common mistake job seekers make is to list every job they've ever done on their resume. A resume should highlight the roles, projects and experiences that are most relevant to the position you're applying for. Definitely consider removing any information that is not relevant to the job!

### 4. Spend time on the look of your resume

Recruiters appreciate resumes that are visually enticing. Your potential employer will be more likely to readily engage with one page of compelling content that is communicated in a visually interesting manner. Include a well laid out summary page with plenty of white space that highlights your profile, experience, education and key career achievements.

### 5. Respond specifically to the key selection criteria

Each role has key selection criteria which is crucial for you to refer to in your application. You may think that you only need to address these criteria in your cover letter, but recruitment experts explain that your resume provides the perfect opportunity to do this. If your resume responds to the selection criteria, then you're likely to remain in the selection process.

It's always helpful to have someone proof read your final resume too. Not only for grammar, but to gain feedback on presentation and your overall job application. If you're not sure who to ask, perhaps make an appointment with a teacher or careers advisor!

Lastly, with 546 million\* users of LinkedIn, it is worth considering creating a LinkedIn profile. LinkedIn is the world's largest online professional network connecting professionals to employers. Once you have produced a resume you are satisfied with, visit the LinkedIn website and follow all the prompts to get set up. For more information visit: <https://www.linkedin.com/>



## Industry Focus – Health Osteopathy & Physiotherapy

**Osteopaths** diagnose, treat and provide preventative advice about disorders that affect the body's musculoskeletal system, using manual techniques to alleviate stresses and dysfunction to improve the body's overall function.

Tasks Osteopaths perform include the following:

- Diagnosing patients' complaints using case histories, physical examinations, observation of patients' body structure and mobility, medical imaging and laboratory tests
- Treat biomechanical complaints (including backache, general joint problems, sports injuries), some breathing problems (such as asthma) and a wide range of medical complaints (headache for example)
- Treat patients using a variety of manual techniques, such as soft tissue stretching, muscle relaxation, gentle mobilization or manipulation
- Treat children for the after-effects of birth trauma and childhood accidents
- Devise exercise and nutritional programmes. Osteopaths work in association with medical practitioners, surgeons, midwives, physiotherapists, podiatrists and a range of complementary and alternative medical practitioners.

To consider this pathway, it is helpful to be independent and highly motivated, interested in health science and human anatomy, have good hand-eye co-ordination skills and be interested in people and their health.

To become qualified, you usually have to complete a bachelor degree in clinical sciences at university with a major in osteopathic studies, followed by a postgraduate qualification in osteopathy. Alternatively, you can complete a double degree in health science and applied science (osteopathy).

To gain entry into these degree courses, you will need to achieve the following ATAR and prerequisites.

The following table provides a list of bachelor degree's available in Victoria:

University	Course
<b>Victoria University</b> (City Flinders, Footscray Nicholson, Footscray Park, St Albans)	<b>Health and Biomedicine (Chancellor's Scholarship)</b> Biomedical Science, Psychology and Science majoring in Osteopathy. 3 years' minimum duration Prerequisites: English and one of Biology or Chemistry; and one of Maths Methods or Physics ATAR: 90
<b>Victoria University</b> (City Flinders)	<b>Bachelor of Science (Osteopathy):</b> 3 years' minimum duration Prerequisites: English and one of Biology or Chemistry; and one of Maths Methods or Physics ATAR: 64.10
<b>RMIT University</b> (Bundoora)	<b>Bachelor of Health Science/Bachelor of Applied Science (Osteopathy):</b> 5 years' minimum duration (double degree) Prerequisites: English ATAR: 63.15

**Physiotherapists** assess, diagnose, treat and prevent disorders in human movement caused by injury and disease.

Physiotherapists may perform the following tasks:

- Assess the physical condition of patients to diagnose problems and plan appropriate treatment
- Use a range of techniques to strengthen and stretch muscles and joints to improve patient mobility (such as massage, hydrotherapy, breathing and relaxation techniques)
- Perform spinal and peripheral joint mobilisation and manipulation
- Use equipment such as heat packs, ice packs, exercise equipment, ultrasound and electrotherapy to ease pain, reduce swelling and improve range of movement
- Retrain patients to walk or teach them to use devices such as walking frames, splints, crutches and wheelchairs
- Educate patients, their families and the community to prevent injury and disability and to lead healthy lifestyles
- Plan and implement community fitness programmes
- Maintain patient records.

Further into your career, physiotherapists can choose to practice in specific areas such as muscle and skeletal conditions, women's health, aged care, OH&S, sports injuries, administration, education or research. Work can vary from operating independently or in settings such as private practice, part of a healthcare team or as an industry consultant.

Similar to Osteopaths you will need to have a genuine interest in people and their health as well as having patience, problem-solving skills and good communication skills. It is also important to be able to cope with the physical demands of the job.

To become a physiotherapist, you usually need to complete a degree in physiotherapy. To enter these courses you need to complete your VCE with English, mathematics, chemistry, biology, earth & environmental science and physics usually being required.

The following table provides a list of bachelor degree's available in Victoria:

University	Course
<b>La Trobe University</b> (Albury-Wodonga, Bendigo, Melbourne, Mildura, Shepparton)	<b>Applied Science/Physiotherapy Practice</b> Bachelor of Applied Science: 2.5 years' minimum duration Master of Physiotherapy Practice: 1.5-year minimum duration Prerequisites: English and two of Biology, Chemistry, Math's, P.E. or Physics ATAR: 96.75
<b>Australian Catholic University</b> (Ballarat)	<b>Bachelor of Physiotherapy:</b> 4 years' minimum duration Prerequisites: English, one of Biology, Chemistry or Physics ATAR: 94.45
<b>Charles Sturt University</b> (Albury-Wodonga)	<b>Bachelor of Physiotherapy:</b> 4 years' minimum duration No prerequisites ATAR: 92.00
<b>Monash University</b> (Peninsula)	<b>Bachelor of Physiotherapy (with Honours):</b> 4 years' minimum duration Prerequisites: English, two of Biology, Chemistry, Math's Methods or Physics ATAR: 95.25

Please note: It is important to contact the relevant learning institution for more detailed course information, as there can be a range of criteria and course requirements that do change. It is also beneficial to have an understanding of the certificates required for clinical placements and registration with the relevant bodies.

(\*Sources: seek.com.au, expandedramblings.com, myfuture.edu.au, VTAC).